


Gemelos

Idincru	24
Titulo	Gemelos sentado
Detalle	Gemelos sentado Maquina
	 An anatomical illustration of a male figure sitting on a stationary exercise bike. The figure is shown from a three-quarter front view, with his feet on the pedals. The muscles of the lower legs (gastrocnemius and soleus) are highlighted in red, indicating the primary muscles targeted by the exercise. The bike is a standard upright model with a flywheel and a resistance knob.
Grupo	7