

Pecho

Idincru	36
Titulo	Pecho press Inclinado Manc
Detalle	Press con mancuernas plana - inclinado o declinado.
	 A photograph showing a man in a gym setting performing an inclined dumbbell chest press. He is lying on a white adjustable bench, propped up at an angle. He is holding a pair of dumbbells with both hands, positioned above his chest. He is wearing dark shorts and sneakers. The background is a plain, light-colored wall.
Grupo	1