

Ejercicios

Idejer	215
Ejercicio	Bicicleta Fija
Detalle	ver el tiempo con instructor
Imagen	 An illustration of a woman in athletic wear riding a stationary exercise bike. The bike is black with red accents on the seat and pedals. In the top left corner of the illustration, there is a logo that says 'Fitness' with a small icon of a person running.
Grupo	CARDIO